

2022 Brahmasutra-bhāṣya retreat

with

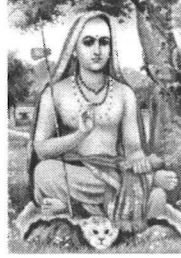
Swami Tattvavidanandaji

on

Brahmasutra

With

Śāṅkarabhāṣya



(Devanāgarī copy)

September, 2022

Arsha Vidya Gurukulam, P.O. Box 1059, Saylorsburg, PA. 18353
570-992-2339, www.arshavidya.org, avpoffice@gmail.com

2022 Fall Vedanta Five-week Course for Adults

Tuesday, September 27

Registration 2 – 10 pm Main Office -Kanchi	Evening Arati 5:45 -6:15 pm Dinner: 6:30 – 10 pm	<u>We will hold all classes in the auditorium of the new building</u>
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Wednesday, September 28

Laghu Ganesa Homa 5:15 am (Homa Building) Daily Morning Abhiseka to Lord Dakshinamurti and Ganesa at 5:40 am	Breakfast 7:30 – 8:45 am Camp Orientation 9:00 – 9:25 am	<u>Swami Tattvavidanandaji's</u> <u>Class Schedule</u> Brahmasutra Class 1 9:30 – 10:30 am Brahmasutra Class 2 4:30 – 5:30 pm Satsang (Q&A) 7:30-8:30 pm
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Swami Muktatmanandaji Class Schedule Vidura Niti Part 4 11:15- 12:15 pm	Afternoon Arati 12:15 pm Evening Arati 5:45- 6:15 pm	Lunch 12:30 – 1:30 pm Dinner 6:30- 7:25 pm
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GENTLE YOGA AND PRANAYAMA

WITH

VIJAYA DARVE AND MONICA 7:45 – 8:30 AM

DAYS: WEDNESDAY– SATURDAY

VENUE: YOGA STUDIO

Thursday, September 29 – Saturday October 1

<p>Swami Tattvavidanandaji</p> <p>Guided Meditation</p> <p>7:00 - 7:30 am</p>	<p><u>Swami Tattvavidanandaji's Class Schedule</u></p> <p>Brahmasutra Class 1 9:00 – 10:00 am *****</p> <p>Brahmasutra Class 2</p> <p>4:30 – 5:30 pm *****</p> <p>Satsang (Q & A)</p> <p>7:30 -8:30 pm</p>	<p>Swami Muktatmanandaji</p> <p>Vidura Niti Part 4</p> <p>11:00 -12:00 Noon</p>
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Homa & Temple Schedule:

<p>Laghu Ganesa Homa 5:15 am (Homa Building) Daily Morning Abhiseka to Lord Daksinamurti and Ganesa at 5:40 am Venue: Temple</p> <p><u>Puja at Dayalayam 6:40 pm</u></p>	<p>Afternoon Arati to Lord Daksinamurti</p> <p>12:15 – 12:30 pm</p>	<p>Daily Evening Arati to Lord Daksinamurti</p> <p>5:45 – 6:15 pm</p>
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Dining Hall Hours:

<p>Morning Tea / Coffee / Warm water</p> <p>5:15 – 7:00 am Old Dining Hall (Adjacent to the Temple)</p>	<p>Breakfast</p> <p>7:30- 8:30 am</p> <p>Gurukulam Seva (Kitchen prep work) 8:15 - 8:55 am Contact: Ram / Tara</p>	<p>Lunch</p> <p>12:30 – 1:30 pm</p> <p>New Building Dining Hall</p>
<p>Tea /Coffee / Warm water 3:15 – 4:15 pm <u>New Building Dining Hall</u></p>	<p>Dinner</p> <p>6:30 -7:25 pm</p>	<p>DINING HALL IS CLOSED FOR CLEANING BETWEEN 1:30 AND 3:00 PM</p>

Class Schedule on Sunday, October 2 (1st Sunday of the month)

<p align="center">Swami Tattvavidanandaji</p> <p align="center">Guided Meditation & Brahmasutra</p> <p align="center">7:00 - 8:15 am</p> <p align="center">Bhagavadgita Weekend Class 10:00- 11:00 am</p>	<p align="center">Swami Muktatmanandaji</p> <p align="center">Vidura Niti Part 4</p> <p align="center">11:30 -12:30 pm</p>	<p align="center">PLEASE NOTE ALL CLASSES WILL BE RESUMED ON TUESDAY AT 9:00 AM</p> <p align="center">(No Meditation on Tuesday Please submit book for Sarasvati Puja Altar if you wish. Book will be returned to you on Wednesday morning)</p>
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Tuesday, October 4 – Saturday October 8

<p align="center">Swami Tattvavidanandaji</p> <p align="center">Guided Meditation</p> <p align="center">7:00 - 7:30 am</p> <p align="center">(Sarasvati Puja at 8:30 am on Tuesday and Punah Puja at 7:30 am on Wednesday)</p>	<p align="center"><u>Swami Tattvavidanandaji's Class Schedule</u></p> <p align="center">Brahmasutra Class 1 9:00 – 10:00 am *****</p> <p align="center">Brahmasutra Class 2</p> <p align="center">4:30 – 5:30 pm *****</p> <p align="center">Satsang (Q & A)</p> <p align="center">7:30 -8:30 pm</p>	<p align="center">Swami Muktatmanandaji</p> <p align="center">Vidura Niti Part 4</p> <p align="center">11:00 -12:00 Noon</p>
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Class Schedule on Sunday, October 9

<p align="center">Swami Tattvavidanandaji</p> <p align="center">Guided Meditation</p> <p align="center">7:00 - 7:30 am</p>	<p align="center"><u>Swami Tattvavidanandaji's Class Schedule</u></p> <p align="center">Brahmasutra Class 1 9:00 – 10:00 am *****</p>	<p align="center">Swami Muktatmanandaji</p> <p align="center">Vidura Niti Part 4</p> <p align="center">11:00 -12:00 Noon</p> <p align="center">PLEASE NOTE ALL CLASSES WILL BE RESUMED ON TUESDAY AT 9:00 AM (No Meditation on Tuesday)</p>
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Tuesday, October 11 – Saturday October 15

<p>Swami Tattvavidanandaji</p> <p>Guided Meditation</p> <p>7:00 - 7:30 am</p>	<p><u>Swami Tattvavidanandaji's</u> <u>Class Schedule</u></p> <p>Brahmasutra Class 1 9:00 – 10:00 am *****</p> <p>Brahmasutra Class 2</p> <p>4:30 – 5:30 pm *****</p> <p>Satsang (Q & A)</p> <p>7:30 -8:30 pm</p>	<p>Swami Muktatmanandaji</p> <p>Vidura Niti Part 4</p> <p>11:00 -12:00 Noon</p>
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Class Schedule on Sunday, October 16 (3rd Sunday of the month)

<p>Swami Tattvavidanandaji</p> <p>Guided Meditation & Brahmasutra</p> <p>7:00 - 8:15 am</p> <p>Bhagavadgita Weekend Class</p> <p>10:00- 11:00 am</p>	<p>Swami Muktatmanandaji</p> <p>Vidura Niti Part 4</p> <p>11:30 -12:30 pm</p>	<p>PLEASE NOTE ALL CLASSES WILL BE RESUMED ON TUESDAY AT 9:00 AM</p> <p>(No Meditation on Tuesday)</p>
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Tuesday, October 18 – Saturday October 22

<p>Swami Tattvavidanandaji</p> <p>Guided Meditation</p> <p>7:00 - 7:30 am</p>	<p><u>Swami Tattvavidanandaji's</u> <u>Class Schedule</u></p> <p>Brahmasutra Class 1 9:00 – 10:00 am *****</p> <p>Brahmasutra Class 2</p> <p>4:30 – 5:30 pm *****</p> <p>Satsang (Q & A)</p> <p>7:30 -8:30 pm</p>	<p>Swami Muktatmanandaji</p> <p>Vidura Niti Part 4</p> <p>11:00-12:00 Noon</p>
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Class Schedule on Sunday, October 23

<p align="center">Swami Tattvavidanandaji</p> <p align="center">Guided Meditation</p> <p align="center">7:00 - 7:30 am</p>	<p align="center"><u>Swami Tattvavidanandaji's Class Schedule</u></p> <p align="center">Brahmasutra Class 1 9:00 – 10:00 am *****</p>	<p align="center">Swami Muktatmanandaji</p> <p align="center">Vidura Niti Part 4</p> <p align="center">11:00 -12:00 Noon</p> <p align="center">PLEASE NOTE ALL CLASSES WILL BE RESUMED ON TUESDAY AT 9:00 AM (No Meditation on Tuesday) (Deepavali Puja on Monday Evening)</p>
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Tuesday, October 25 - Saturday October 29

<p align="center">Swami Tattvavidanandaji</p> <p align="center">Guided Meditation</p> <p align="center">7:00 - 7:30 am</p>	<p align="center"><u>Swami Tattvavidanandaji's Class Schedule</u></p> <p align="center">Brahmasutra Class 1 9:00 – 10:00 am *****</p> <p align="center">Brahmasutra Class 2</p> <p align="center">4:30 – 5:30 pm *****</p> <p align="center">Satsang (Q & A)</p> <p align="center">7:30 -8:30 pm</p>	<p align="center">Swami Muktatmanandaji</p> <p align="center">Vidura Niti Part 4 (Concluding Class)</p> <p align="center">11:00 -12:00 Noon</p>
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Class Schedule on Sunday, October 30

<p align="center">Swami Tattvavidanandaji</p> <p align="center">Guided Meditation</p> <p align="center">7:00 - 7:30 am</p>	<p align="center"><u>Swami Tattvavidanandaji's Concluding class for the Course</u></p> <p align="center">Brahmasutra Class 9:00 – 10:00 am *****</p>	<p align="center">Gurudaksina and Concluding Ceremonies for the course 10:30 am to 11:30 am followed by early Lunch at 11:30 am THANK YOU!</p>
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PLEASE NOTE

FESTIVALS OBSERVED	
DURING 5-WEEK 2022 FALL VEDANTA COURSE	
1	Friday, October 07– Padosha Puja at 5:30 pm
2	Saturday, October 22 – Pradosha Puja at 5:30 pm
3	Tuesday October 4th Sarsvati puja at 8:30 am
4	Wednesday October 5th Sarasvati punah puja at 7:30 am (After Meditation)
5	Monday October 24th Deepavali puja (No crackers) 6:30- 8:00 pm- (Swami Tattvavidanandaji will talk on Atma Jyothi)

Please deactivate/turn off your cell/mobile phones in the Auditorium lecture hall.

Street lights will be turned off at 10 p.m.

No laundry service is available on campus due to septic limitations

WiFi Networks are available in Old Dining Hall, Pampa Classroom and New building (closes at 9:30pm)

Password for public AVG WiFi networks: SILVERJUBILEE (All CAPS)

Rooms do not have Television or Internet

In case of Medical Emergency Please call 911

Contact numbers at the Gurukulam:

AVG Office: 570-992-2339, Vimala at 570-656-0193, Gary 570-656-0190 ,

Swami Svatmananda 570-234-5226 and Suddhatma 570-656-0189

Śanti Mantras

ॐ स ह नाववतु । स ह नौ भुनक्तु । सह वीर्यं करवावहै ।

तेजस्विनावधीतमस्तु । मा विद्विषावहै ॥ ॐ शान्तिः शान्तिः शान्तिः ॥ १ ॥

om sa ha nāvavatu | sa ha nau bhunaktu | saha vīryam karavāvahai |
tejasvināvadhītamastu | mā vidviṣāvahai || om śāntiḥ śāntiḥ śāntiḥ || 1 ||

saḥ -- he; *ha* -- indeed; *nau* -- both of us; *avatu* -- may protect; *saḥ* -- he; *ha* -- indeed; *nau* -- both of us; *bhunaktu* -- may nourish; *saha* -- together; *vīryam karavāvahai* -- may we acquire the capacity (to study and understand the scriptures); *tejasvi* -- brilliant; *nau* -- for us; *adhītam* -- what is studied; *astu* -- let it be; *mā vidviṣāvahai* -- may we not disagree with each other; *om śāntiḥ śāntiḥ śāntiḥ* -- om peace, peace, peace

May the Lord indeed, protect both of us. May he indeed, nourish both of us. May we together acquire the capacity (to study and understand the scriptures). May our study be brilliant. May we not disagree with each other. Om peace, peace, peace.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

ॐ शान्तिः शान्तिः शान्तिः ॥ २ ॥

om pūrṇamadah pūrṇamidam pūrṇātpūrṇamudacyate |
pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate ||
om śāntiḥ śāntiḥ śāntiḥ || 2 ||

pūrṇam -- is fullness; *adah* -- that; *pūrṇam* -- is fullness; *idam* -- this; *pūrṇāt* -- from that fullness; *pūrṇam* -- this fullness; *udacyate* -- has come; *pūrṇasya* -- of that fullness; *pūrṇam* -- this fullness; *ādāya* -- having removed; *pūrṇam* -- the fullness; *eva* -- only; *avaśiṣyate* -- remains; *om śāntiḥ śāntiḥ śāntiḥ* -- om peace, peace, peace

That is fullness, this is fullness. From that fullness this fullness came. From that fullness this fullness removed, what remains is fullness. Om peace, peace, peace.

जन्माद्यधिकरणम्

2 ब्रह्म जिज्ञासितव्यमित्युक्तम् । किलक्षणं पुनस्तद्ब्रह्मेत्यत आह भगवान्सूत्रकारः —

4

जन्माद्यस्य यतः ॥ २ ॥

6 जन्म उत्पत्तिः आदिः अस्य — इति तद्गुणसंविज्ञानो बहुव्रीहिः । जन्मस्थितिभङ्गं
समासार्थः । जन्मनश्चादित्वं श्रुतिनिर्देशापेक्षं वस्तुवृत्तापेक्षं च । श्रुतिनिर्देशस्तावत् —
8 'यतो वा इमानि भूतानि जायन्ते' (तै. उ. ३ । १ । १) इति, अस्मिन्वाक्ये
जन्मस्थितिप्रलयानां क्रमदर्शनात् । वस्तुवृत्तमपि — जन्मना लब्धसत्ताकस्य धर्मिणः
10 स्थितिप्रलयसम्भवात् । अस्येति प्रत्यक्षादिसन्निधापितस्य धर्मिण इदमा निर्देशः । षष्ठी
जन्मादिधर्मसम्बन्धार्था । यत इति कारणनिर्देशः । अस्य जगतो नामरूपाभ्यां
12 व्याकृतस्य अनेककर्तृभोक्तृसंयुक्तस्य प्रतिनियतदेशकालनिमित्तक्रियाफलाश्रयस्य
मनसाप्यचिन्त्यरचनारूपस्य जन्मस्थितिभङ्गं यतः सर्वज्ञात्सर्वशक्तेः कारणाद्भवति,
14 तद्ब्रह्मेति वाक्यशेषः । अन्येषामपि भावविकाराणां त्रिष्वेवान्तर्भाव इति
जन्मस्थितिनाशानामिह ग्रहणम् । यास्कपरिपठितानां तु 'जायतेऽस्ति' इत्यादीनां ग्रहणे
16 तेषां जगतः स्थितिकाले सम्भाव्यमानत्वान्मूलकारणादुत्पत्तिस्थितिनाशा जगतो न
गृहीताः स्युरित्याशङ्क्येत ; तन्मा शङ्कि ; इति या उत्पत्तिर्ब्रह्मणः , तत्रैव स्थितिः प्रलयश्च,
18 त एव गृह्यन्ते । न च यथोक्तविशेषणस्य जगतो यथोक्तविशेषणमीश्वरं मुक्त्वा, अन्यतः
प्रधानादचेतनात् अणुभ्यः अभावात् संसारिणो वा उत्पत्त्यादि सम्भावयितुं शक्यम् । न

च स्वभावतः, विशिष्टदेशकालनिमित्तानामिहोपादानात् । एतदेवानुमानं
 2 संसारिव्यतिरिक्तेश्वरास्तित्वादिसाधनं मन्यन्ते ईश्वरकारणवादिनः ॥
 नन्विहापि तदेवोपन्यस्तं जन्मादिसूत्रे ; न ; वेदान्तवाक्यकुसुमग्रथनार्थत्वात्सूत्राणाम् ।
 4 वेदान्तवाक्यानि हि सूत्रैरुदाहृत्य विचार्यन्ते । वाक्यार्थविचारणाध्यवसाननिर्वृत्ता हि
 ब्रह्मावगतिः, नानुमानादिप्रमाणान्तरनिर्वृत्ता । सत्सु तु वेदान्तवाक्येषु जगतो
 6 जन्मादिकारणवादिषु , तदर्थग्रहणदाढ्याय अनुमानमपि वेदान्तवाक्याविरोधि प्रमाणं
 भवत् , न निवार्यते, श्रुत्यैव च सहायत्वेन तर्कस्याभ्युपेतत्वात् । तथा हि — ‘श्रोतव्यो
 8 मन्तव्यः’ (बृ. उ. २ । ४ । ५) इति श्रुतिः ‘पण्डितो मेधावी
 गन्धारानेवोपसम्पद्येतैवमेवेहाचार्यवान्पुरुषो वेद’ (छा. उ. ६ । १४ । २) इति च
 10 पुरुषबुद्धिसाहाय्यमात्मनो दर्शयति । न धर्मजिज्ञासायामिव श्रुत्यादय एव प्रमाणं
 ब्रह्मजिज्ञासायाम् । किन्तु श्रुत्यादयोऽनुभवादयश्च यथासम्भवमिह प्रमाणम् ,
 12 अनुभवावसानत्वाद्भूतवस्तुविषयत्वाच्च ब्रह्मज्ञानस्य । कर्तव्ये हि विषये
 नानुभवापेक्षास्तीति श्रुत्यादीनामेव प्रामाण्यं स्यात् , पुरुषाधीनात्मलाभत्वाच्च कर्तव्यस्य
 14 । कर्तुमकर्तुमन्यथा वा कर्तुं शक्यं लौकिकं वैदिकं च कर्म ; यथा अश्वेन गच्छति, पद्भ्याम्
 , अन्यथा वा, न वा गच्छतीति । तथा ‘अतिरात्रे षोडशिनं गृह्णाति, नातिरात्रे षोडशिनं
 16 गृह्णाति’ ‘उदिते जुहोति, अनुदिते जुहोति’ इति । विधिप्रतिषेधाश्च अत्र अर्थवन्तः स्युः,
 विकल्पोत्सर्गापवादाश्च । न तु वस्तु ‘एवम्, नैवम्’ ‘अस्ति, नास्ति’ इति वा विकल्प्यते
 18 । विकल्पनास्तु पुरुषबुद्ध्यपेक्षाः । न वस्तुयाथात्म्यज्ञानं पुरुषबुद्ध्यपेक्षम् । किं तर्हि ?
 वस्तुतन्त्रमेव तत् । न हि स्थाणावेकस्मिन् ‘स्थाणुर्वा, पुरुषोऽन्यो वा’ इति तत्त्वज्ञानं
 20 भवति । तत्र ‘पुरुषोऽन्यो वा’ इति मिथ्याज्ञानम् । ‘स्थाणुरेव’ इति तत्त्वज्ञानम् ,

वस्तुतन्त्रत्वात् । एवं भूतवस्तुविषयाणां प्रामाण्यं वस्तुतन्त्रम् । तत्रैवं सति ब्रह्मज्ञानमपि
 2 वस्तुतन्त्रमेव, भूतवस्तुविषयत्वात् । ननु भूतवस्तुविषयत्वे ब्रह्मणः
 प्रमाणान्तरविषयत्वमेवेति वेदान्तवाक्यविचारणा अनर्थिकैव प्राप्ता ; न ;
 4 इन्द्रियाविषयत्वेन सम्बन्धाग्रहणात् । स्वभावतो विषयविषयाणीन्द्रियाणि, न
 ब्रह्मविषयाणि । सति हीन्द्रियविषयत्वे ब्रह्मणः, इदं ब्रह्मणा सम्बद्धं कार्यमिति गृह्येत ।
 6 कार्यमात्रमेव तु गृह्यमाणम् — किं ब्रह्मणा सम्बद्धम् ? किमन्येन केनचिद्वा सम्बद्धम् ?
 — इति न शक्यं निश्चेतुम् । तस्माज्जन्मादिसूत्रं नानुमानोपन्यासार्थम् । किं तर्हि ?
 8 वेदान्तवाक्यप्रदर्शनार्थम् । किं पुनस्तद्वेदान्तवाक्यं यत् सूत्रेणेह लिलक्षयिषितम् ? 'भृगुर्वै
 वारुणिः । वरुणं पितरमुपससार । अधीहि भगवो ब्रह्मेति' (तै. उ. ३ । १ । १)
 10 इत्युपक्रम्याह — 'यतो वा इमानि भूतानि जायन्ते । येन जातानि जीवन्ति ।
 यत्प्रयन्त्यभिसंविशन्ति । तद्विजिज्ञासस्व । तद्ब्रह्मेति । ' (तै. उ. ३ । १ । १) तस्य च
 12 निर्णयवाक्यम् — 'आनन्दाच्चेव खल्विमानि भूतानि जायन्ते । आनन्देन जातानि
 जीवन्ति । आनन्दं प्रयन्त्यभिसंविशन्ति' (तै. उ. ३ । ६ । १) इति ।
 14 अन्यान्यप्येवंजातीयकानि वाक्यानि
 नित्यशुद्धबुद्धमुक्तस्वभावसर्वज्ञस्वरूपकारणविषयाणि उदाहर्तव्यानि ॥ २ ॥

16

शास्त्रयोनित्वाधिकरणम्

2 जगत्कारणत्वप्रदर्शनेन सर्वज्ञं ब्रह्मेत्युपक्षिप्तम्, तदेव द्रढयन्नाह —

शास्त्रयोनित्वात् ॥ ३ ॥

4 महत ऋग्वेदादेः शास्त्रस्य अनेकविद्यास्थानोपबृंहितस्य प्रदीपवत्सर्वार्थावद्योतिनः
सर्वज्ञकल्पस्य योनिः कारणं ब्रह्म । न हीदृशस्य शास्त्रस्य ऋग्वेदादिलक्षणस्य
6 सर्वज्ञगुणान्वितस्य सर्वज्ञादन्यतः सम्भवोऽस्ति । यद्यद्विस्तरार्थं शास्त्रं
यस्मात्पुरुषविशेषात्सम्भवति, यथा व्याकरणादि पाणिन्यादेः ज्ञेयैकदेशार्थमपि, स
8 ततोऽप्यधिकतरविज्ञान इति प्रसिद्धं लोके । किमु वक्तव्यम् — अनेकशाखाभेदभिन्नस्य
देवतिर्यङ्मनुष्यवर्णाश्रमादिप्रविभागहेतोः ऋग्वेदाद्याख्यस्य सर्वज्ञानाकरस्य अप्रयत्नेनैव
10 लीलान्यायेन पुरुषनिःश्वासवत् यस्मान्महतो भूतात् योनेः सम्भवः — ‘अस्य महतो
भूतस्य निःश्वासितमेतत् यद्ग्वेदः’ (बृ. उ. २ । ४ । १०) इत्यादिश्रुतेः — तस्य महतो
12 भूतस्य निरतिशयं सर्वज्ञत्वं सर्वशक्तिमत्त्वं चेति ॥
अथवा यथोक्तमृग्वेदादिशास्त्रं योनिः कारणं प्रमाणमस्य ब्रह्मणो यथावत्स्वरूपाधिगमे ।
14 शास्त्रादेव प्रमाणात् जगतो जन्मादिकारणं ब्रह्माधिगम्यत इत्यभिप्रायः । शास्त्रमुदाहृतं
पूर्वसूत्रे — ‘यतो वा इमानि भूतानि जायन्ते’ (तै. उ. ३ । १ । १) इत्यादि । किमर्थं
16 तर्हीदं सूत्रम्, यावता पूर्वसूत्रेणैव एवंजातीयकं शास्त्रमुदाहरता शास्त्रयोनित्वं ब्रह्मणो
दर्शितम् । उच्यते — तत्र सूत्राक्षरेण स्पष्टं शास्त्रस्यानुपादानाज्जन्मादिसूत्रेण
18 केवलमनुमानमुपन्यस्तमित्याशङ्क्येत ; तामाशङ्कां निवर्तयितुमिदं सूत्रं प्रवृत्ते —
‘शास्त्रयोनित्वात्’ इति ॥ ३ ॥

Key to Transliteration and Pronunciation

2 Since Sanskrit is a highly phonetic language, accuracy in the articulation of the letters is important. This is the international transliteration guide to the proper
4 pronunciation of Sanskrit letters in the *devanāgarī* script.

6	अ	a	b <u>u</u> t	ॠ	ṭh	an <u>ṭ</u> hill*3
	आ	āā	ca <u>l</u> m	30	इ	ḍ <u>a</u> rt*3
8	इ	i	ḷ <u>t</u>		ॡ	g <u>o</u> dhead*3
	ई	īé	bee <u>t</u>	32	ण	u <u>n</u> der*3
10	उ	u	pu <u>t</u>		त्	pa <u>ṭ</u> h*4
	ऊ	ū	po <u>o</u> l	34	थ	th <u>u</u> nder*4
12	ऋ	ṛá	rh <u>y</u> thm		द्	th <u>a</u> t*4
	ॠ	ṝ	ma <u>r</u> ine	36	ध्	breath <u>e</u> *4
14	ए	e	pl <u>a</u> y		न्	n <u>u</u> mb 4
	ऐ	ai	h <u>i</u> gh	38	प्	sp <u>i</u> n 5
16	ओ	o	g <u>o</u>		फ्	loo <u>p</u> hole*5
	औ	au	lo <u>u</u> d	40	ब्	b <u>i</u> n 5
18	क	k	sk <u>a</u> te 1		भ्	ab <u>h</u> or* 5
	ख	kh	block <u>h</u> ead*1	42	म्	m <u>u</u> ch 5
20	ग	g	g <u>a</u> te 1		य्	y <u>o</u> ung
	घ	gh	log <u>h</u> ut* 1	44	र्	dr <u>a</u> ma
22	ङ	ṅi	si <u>ṅ</u> g 1		ल्	l <u>u</u> ck
	च्	c	ch <u>u</u> nk*2	46	व्	v <u>i</u> le
24	छ	ch	cat <u>ch</u> h <u>i</u> m*2		श्	sh <u>o</u> ve
	ज्	j	jo <u>h</u> n 2	48	ष्	b <u>u</u> shel
26	झ	jh	hed <u>g</u> ehog*2		स्	s <u>o</u>
	ञ्	ñi	bun <u>ch</u> 2	50	ह्	h <u>u</u> m
28	ट्	ṭö	st <u>a</u> rt*3			
52		m̄	<i>anusvāra</i> (nasalization of preceding vowel)k			
	:	ḥ	<i>visarga</i> (aspiration of preceding vowel)			
54	ऽ	'	<i>avagraha</i> (marking the elision of A at the beginning of a word)			
	*	No	exact equivalent for these letters			
56			1 – guttural; 2 – palatal; 3 – lingual; 4 – dental; 5 - labial			

॥ ॐ विश्वस्मै नमः ॥

|| om viśvasmai namaḥ ||

The 1000 names - Sahasranama - begin here:

विश्वं विष्णुर्वषट्कारो भूतभव्यभवत्प्रभुः ।

viśvaṁ viṣṇurvaṣaṭkāro bhūtabhavyabhavatprabhuḥ ।

भूतकृद्भूतभृद्भावो भूतात्मा भूतभावनः ॥ १ ॥

bhūtakṛḍbhūtabhṛḍbhāvo bhūtātmā bhūtabhāvanaḥ || 1 ||

पूतात्मा परमात्मा च मुक्तानां परमा गतिः ।

pūtātmā paramātmā ca muktānām paramā gatiḥ ।

अव्ययः पुरुषः साक्षी क्षेत्रज्ञोऽक्षर एव च ॥ २ ॥

avyayaḥ puruṣaḥ sākṣī kṣetrajño'kṣara eva ca || 2 ||

योगो योगविदां नेता प्रधानपुरुषेश्वरः ।

yogo yogavidām netā pradhānapuruṣeśvaraḥ ।

नारसिंहवपुः श्रीमान् केशवः पुरुषोत्तमः ॥ ३ ॥

nārasimhavaḥ śrīmān keśavaḥ puruṣottamaḥ || 3 ||

सर्वः शर्वः शिवः स्थाणुर्भूतादिर्निधिरव्ययः ।

sarvaḥ śarvaḥ śivaḥ sthāṇurbhūtādirnidhiravyayaḥ ।

संभवो भावनो भर्ता प्रभवः प्रभुरीश्वरः ॥ ४ ॥

sambhavo bhāvano bhartā prabhavaḥ prabhurīśvaraḥ || 4 ||

स्वयंभूः शम्भुरादित्यः पुष्कराक्षो महास्वनः ।

svayambhūḥ śambhurādityaḥ puṣkarākṣo mahāsvanaḥ ।

अनादिनिधनो धाता विधाता धातुरुत्तमः ॥ ५ ॥

anādinidhano dhātā vidhātā dhāturuttamaḥ ॥ 5 ॥

अप्रमेयो हृषीकेशः पद्मनाभोऽमरप्रभुः ।

aprameyo hr̥ṣīkeśaḥ padmanābho'amraprabhuḥ ।

विश्वकर्मा मनुस्त्वष्टा स्थविष्ठः स्थविरो ध्रुवः ॥ ६ ॥

viśvakarmā manustvaṣṭā sthaviṣṭhaḥ sthaviro dhruvaḥ ॥ 6 ॥

अग्राह्यः शाश्वतः कृष्णो लोहिताक्षः प्रतर्दनः ।

agrāhyaḥ śāśvataḥ kṛṣṇo lohitaākṣaḥ pratardanaḥ ।

प्रभूतस्त्रिककुब्धाम पवित्रं मङ्गलं परम् ॥ ७ ॥

prabhūtastrikakubdhāma pavitraṁ maṅgalaṁ param ॥ 7 ॥

ईशानः प्राणदः प्राणो ज्येष्ठः श्रेष्ठः प्रजापतिः ।

īśānaḥ prāṇadaḥ prāṇo jyeṣṭhaḥ śreṣṭhaḥ prajāpatiḥ ।

हिरण्यगर्भो भूगर्भो माधवो मधुसूदनः ॥ ८ ॥

hiraṇyagarbho bhūgarbho mādhaso madhusūdanaḥ ॥ 8 ॥

ईश्वरो विक्रमी धन्वी मेधावी विक्रमः क्रमः ।

īśvaro vikramī dhanvī medhāvī vikramaḥ kramaḥ ।

अनुत्तमो दुराधर्षः कृतज्ञः कृतिरात्मवान् ॥ ९ ॥

anuttamo durādharṣaḥ kṛtajñaḥ kṛtirātmavān ॥ 9 ॥

सुरेशः शरणं शर्म विश्वरेताः प्रजाभवः ।

sureśaḥ śaraṇaṁ śarma viśvaretāḥ prajābhavaḥ ।

अहः संवत्सरो व्यालः प्रत्ययः सर्वदर्शनः ॥ १० ॥

ahaḥ saṁvatsaro vyālah pratyayaḥ sarvadarśanaḥ ॥ 10 ॥

अजः सर्वेश्वरः सिद्धः सिद्धिः सर्वादिरच्युतः ।

ajaḥ sarveśvaraḥ siddhaḥ siddhiḥ sarvādiracyutaḥ ।

वृषाकपिरमेयात्मा सर्वयोगविनिःसृतः ॥ ११ ॥

vṛṣākapirameyātmā sarvayogaviniḥṣṛtaḥ ॥ 11 ॥

वसुर्वसुमनाः सत्यः समात्माऽसम्मितः समः ।

vasurvasumanāḥ satyaḥ samātmā'sammitaḥ samaḥ ।

अमोघः पुण्डरीकाक्षो वृषकर्मा वृषाकृतिः ॥ १२ ॥

amoghaḥ puṇḍarīkākṣo vṛṣakarmā vṛṣākṛtiḥ ॥ 12 ॥

रुद्रो बहुशिरा बभ्रुर्विश्वयोनिः शुचिश्रवाः ।

rudro bahuśirā babhrurviśvayoniḥ śuciśravāḥ ।

अमृतः शाश्वतस्थाणुर्वरारोहो महातपाः ॥ १३ ॥

amṛtaḥ śāśvatasthāṇurvarāroho mahātapāḥ ॥ 13 ॥

सर्वगः सर्वविद्भानुर्विष्वक्सेनो जनार्दनः ।

sarvagaḥ sarvavidbhānurviṣvakseno janārdanaḥ ।

वेदो वेदविदव्यङ्गो वेदाङ्गो वेदवित् कविः ॥ १४ ॥

vedo vedavidavyaṅgo vedāṅgo vedavit kaviḥ ॥ 14 ॥

विजयमहामन्त्र

जयत्यतिबलो रामो लक्ष्मणश्च महाबलः ।

राजा जयति सुग्रीवो राघवेणाभिपालितः ॥

दासो'हं कोसलेन्द्रस्य रामस्याक्लिष्टकर्मणः ।

हनूमान् शत्रुसैन्यानां निहन्ता मारुतात्मजः ॥

न रावणसहस्रं मे युद्धे प्रतिबलं भवेत् ।

शिलाभिश्च प्रहरतः पादपैश्च सहस्रशः ॥

अर्दयित्वा पुरीं लङ्कामभिवाद्य च मैथिलीम् ।

समृद्धार्थो गमिष्यामि मिषतां सर्वरक्षसाम् ॥

Vijayamahāmantra

jayatyatibalo rāmo lakṣmaṇaśca mahābalaḥ
rājā jayati sugrīvo rāghaveṇābhipālitaḥ

dāso 'haṁ kosalendrasya rāmasyākliṣṭakarmaṇaḥ
hanūmān śatrusainyānām nihantā mārutātmajaḥ

na rāvaṇasahasraṁ me yuddhe pratibalaṁ bhavet
śilābhiśca praharataḥ pādapaiśca sahasraśaḥ

ardayitvā purīm laṅkāabhivādyā ca maithilīm
samṛddhārtho gamiṣyāmi miṣatām sarvarakṣasām

(Vālmīki Rāmāyaṇa, Sundarakāṇḍa, Canto 42, vs. 33-36)

Arsha Vidya Gurukulam, Saylorsburg, PA

We are pleased to welcome you to Arsha Vidya Gurukulam. We are delighted that you have enrolled in the Vedanta Course and trust that you will enjoy your stay at the Gurukulam.

About the Gurukulam:

The Gurukulam is situated on 14 acres of secluded land in the Pocono Mountains, with additional 85 acres of wooded trails.

Arsha Vidya Gurukulam was founded in 1986 by Brahmaleen (late) Sri. Swami Dayananda Saraswati, with help of Board Members. Pujya Sri. Swamiji is acclaimed as a leading figure who had unsurpassable scholarship and clarity of expression.....

The major Arsha Vidya Centers in India are in Rishikesh, Coimbatore, and in the USA in Saylorsburg. The Purpose of establishing AVG was to make available the teaching Vedanta in an authentic, traditional manner. The Gurukulam offers 1st and 3rd weekends of the month Meditation Workshop (1st & 3rd Saturdays), Bhagavadgita Classes (1st & 3rd Sundays) Holiday Weekend Vedanta Courses, Family Vedanta Courses, and Courses for adults. Ongoing classes in Yoga, Meditation, Vedic Chanting, and Sanskrit language are part of the Gurukulam's regular curriculum.

Vedanta means the end of the Veda (positional name) the Indian sourcebook for spiritual knowledge.

In keeping with our commitment to the authentic representation of the Vedic tradition, all of the teachers at AVG are traditionally trained. Some are of international repute.

Temple: In the Vedic tradition, since all that is here is a manifestation of the Lord, the Lord can be invoked in any form. In keeping with its commitment to spiritual teaching, Arsha Vidya is home to a shrine for Lord Dakshinamurti, the first spiritual teacher in the Vedic tradition. Our qualified priests perform Pujas, Vedic samskaras, and Homas.

This is the meaning of the word Daksinamurti:

Dakshina means south and murti means form. (As per Dakshinamurti Upanishad) So one who is facing south. Daksinamurti is the one whose form or truth is perceived by an enlightened mind (Dakshina)

Dakshina also means anukula, favorable or kindly disposed. Lord Daksinamurti is always kindly disposed to his devotees and seekers of knowledge. He imparts the knowledge with love and compassion.

Dakshinamurti is one of the five aspects of Shiva, the others being Nataraja, Shiva Linga, Ardhanaareeshwara, and Tripurantaka. He is the embodiment of spiritual wisdom, the universal teacher of music, yoga, and jnana, and the destroyer of ignorance.

Swami Vidadatmananda Saraswati – President

Swami Vidadatmananda (Senior disciple of Pujya Swamiji) is the president of Arsha Vidya Pitham and head acharya of the Gurukulam. Having lived and worked in the USA before becoming a renunciate, he is familiar with the lifestyles in India and the west.

Swami Tattvavidananda Saraswati – Vice President

Swamiji is very natural in his scholarship, he is from a family of Vedic pundits and holds Ph.D.s in Chemistry and Sanskrit. Swamiji's deep immersion in the Vedic tradition is reflected in the profundity and breadth of his classes, delivered with modesty that only a true scholar can command.

Swami Muktatmananda Saraswati – One of the Resident Acharyas

Swami Muktatmananda is a disciple of Pujya Swamiji and Swami Vidadatmananda, having undergone a three-year residential teacher training Vedanta course in India under Pujya Swamiji's guidance. Swamiji wears his depth of scholarship with great lightness, delivering the teachings with clarity and ease

Resident Swamijis and Swaminis – Swamini Srividyananda, Swamini Agamananda, Swami Jnanananda, Brah. Suryanarayana. Suddhatma Chaitanya serves as the General Manager for the Gurukulam.

Daily(Nitya) Abhiseka and Aratis to Lord Dakshinamurti

An abhiṣeka is conducted by priests by bathing the image of the deity being worshipped, amidst the chanting of mantras. Usually, offerings such as milk, yogurt, ghee, honey, panchamrita, sesame oil, rose water, sandalwood paste may be poured among other offerings depending on the type of abhishekam being performed. This rite is routinely performed in Hindu temples. A Rudrābhiṣeka or abhiṣeka of Rudra is performed on lingams. A Kumbhabhishekam is a consecration ritual for a Hindu temple.

Arti performed at Indian temples consists of offering a camphor lamp (or oil lamp) to the Deities and then distributing it to the devotees, who line up. They hover their hands over the flame and touch their hands to their eyes, this may be done once or three times. It is the last ritual performed in puja. Arti is also referred to as deeparadhana in Tamil, diparadhane in Kannada diparadhanamu or harati in Telugu, and diparadhana or aarathi in Malayalam.

Daily Pujas books are provided to the participants in the temple to follow Vedic chants from our priests and other members.

Chanting or recitation of hymns in Sanskrit is oral prayer, vācika karma, a means of expressing our devotion to Bhagavan. They are in the form of simple praise or eulogy called, stuti, sukta stava, etc. It can be vaidika, the source being the Vedas or from smrāti, smārta. The vedokta mantras or hymns like the Gāyatri mantra, Purusha suktam, or Sri Rudram have to be chanted properly with Vedic notations or svaras. This is called Vedic Chanting. The vedokta hymns are called mantras and they are chanted. There are many rules and regulations while chanting or while learning or during personal abhyāsa. The nuances can be grasped and comprehended only when taught by a live Guru. They have necessarily got to be learned from a competent āchārya who has undergone training from his Guru in the Karna Parampara (Oral tradition)

<https://arshadrishhti.org/wp-content/uploads/2016/04/Rules-of-Chanting-in-Sanskritam.pdf>

Gurukulam Guidelines:

- Upon arrival, come to the Main Office (KANCHI) to pick up your room/cottage key & do room check-in. Please return the room key to the office when you check out.
- Personal Belongings: The Gurukulam cannot accept responsibility for the campers' & guests' personal belongings.
- Everyone who stays in or visits Gurukulam should wear modest attire conservative (female) and without shorts (male)
- **Intoxicants and Prohibited Items:** Smoking, Drinking alcohol, use of tobacco, non-prescription drugs, or coming intoxicated are not allowed in the Gurukulam, especially in the Temple, New Building Auditorium & Yoga Studio is strictly prohibited. Pets are not allowed.
- If you use your computer in a public space or while remote working, make sure you never leave your laptop or tablet unattended
- Room telephone does not have a long-distance calling service. If there is a phone, your room number prefixed with 1 is your 4 digit Telephone extension number for room to room calling.

Please conserve resources by turning off lights when coming to class.

Check the faucets in the bathroom and make sure faucets are shut off.

Turn off porch lights in the daytime.

Please remove trash from your rooms and deposit it in trash cans available around the campus.

DAYS FOR CHANGE OF ROOM TOWELS & SHEETS:

This will be posted on the Dining Hall bulletin board.

Temple and New Auditorium

- Please clear up your personal belongings after the First and Third Sundays in our auditorium. This will make cleaning easier.

- No shoes, food (this includes chewing gum), or drink in the temple & Class Rooms.
- Shorts and T-shirts are not permitted in the Temple and Auditorium.
- Please check hearing aid battery - batteries with low power interferes with the sound system
- Please note that recording camp classes on any recording device such as your laptop, cell phone, iPod, and iPad are strictly prohibited.
- Please make your own arrangement with fellow student for summary if you miss ongoing Classes during the Vedanta course.
- Please do not request Mr. Sahadev (Audio/Video Engineer) for copying ongoing classes.
- Please put your cell phone in airplane mode or preferably switch it off when you are in class; this is very disruptive and we appreciate your cooperation.
- Please do not stretch feet (pointing feet at the teacher) if you are seated in the front row; this is deemed disrespectful.
- Please maintain silence until you leave the Lecture hall.

Dining Hall and Kitchen

Morning tea and Coffee: Old dining hall Cafeteria (5 am- 7 am)

- Please wait until the completion of chanting Chapter 15 of Bhagavad Gita in the dining hall before you start eating lunch and dinner.
- Personal cooking in campus is prohibited.
- The Cafeteria & Dining hall refrigerators are strictly meant for Gurukulam use and are not meant for keeping your food items. So Gurukulam Kitchen Staff is not responsible for missing items

There is a good possibility that our food contains peanuts, tree nuts and dairies. Please exercise caution if you are allergic to nuts or dairies.

Dining Hall Hours:

Breakfast: 7:30 to 8:45 AM Lunch: 12:30 to 1:30 PM Dinner: 6:30 to 7:25 PM

(Please note Dining hall is closed for cleaning 1:30 – 3:30 pm and **New Building closes at 9:30pm**)

CAR PARKING ARRANGEMENTS

Please park in designated parking lots only or on the grass in front of Yoga Studio. Please do not park in front of the dining/temple area or the sides of the road. Please respect NO PARKING SIGNS. This is your campus.

After dropping your luggage by your room location, please shift the car to the New Auditorium and Yoga Studio parking lots. The front lot is reserved for AVG's office visitors, AVG's vehicles, Bookstore & Desiya customers, and delivery vehicles.

Puja Instructions for GFD and Archana Sponsors:

1. If you are attending Abhiseka as a Gift for a Day, Abhiseka, or Archana sponsor; kindly schedule the Sankalpa before the start

(at 5:45 am), of the morning Abhiseka. Please keep your family Gotra and family members of the Birth star ready for the Sankalpa.

Sankalpa is a Sanskrit word, it means conception or idea formed in the heart or mind, solemn vow or determination to perform, desire, definite intention, volition, or will.

2. If you are attending Abhiseka today as a Gift for a Day sponsor, please inform the priest before the beginning of the Abhiseka Contact Persons - Priest Ganesan 570-656-0197

In case you plan to be away from the Gurukulam for more than six hours during the Five-Week Fall Vedanta Course, please inform Vimala or anyone at the main office with your contact nos.



DAYALAYAM

May you all continue to be a recipient of Pujya Swamiji's
blessings by visiting Swamiji's Residential Cottage (Ganga),

which is named as

“Dayalayam- The Abode of Compassion”

A temple for Meditation and Silence

Monday- Friday: Visiting Hours: 10:00 am – 1:00 pm

6:00 pm- 7:00 pm

Saturday- Sunday: Visiting Hours: 9:00 am- 11 am 3 pm- 7:30 pm

Please enter through the DECK to Dayalayam -Meditation Hall

Thank you for your visit

Yoga Classes: All yoga classes will be held in the Yoga Studio on the first floor of the Activity Center. Enter through the ground-level door and take the stairs to go up to the first floor. Please do not take yoga mats and props from the Yoga Studio.

Library Hours during class days: 1:30-3:00 pm. (Mon-Sat) (Sindhu Basement)

AVG Book Store: Located near Main Office & Narmada Building at 570-801-7020. Hours of Operation: Mon-Fri 9:30 am. - 3:30 pm.
Sat-Sun 9:00 am. - 5:00 pm.

Aim for Seva: Started by Pujya Swamiji in 2000, AIM for Seva is an integrated community development program that is currently working across 16 states in India. **Contact:** 570 – 402-1244 or Ext 1214 from room telephone.

Desiya Store: Desiya means belonging to a given place, community, and culture. The store carries hand-crafted products from across village hamlets in India, each hand-crafted by skilled artisans. Every product in the store has the signature of an unsung artisan. When you buy a hand-crafted Desiyaproduct you support the art and artist. The store is open daily from 1 pm to 5 pm. Please contact Dayananda Prasad Sadasivam at 570-730-9849 or ext. 1545 from your room phone.

Exercise / Gym hours: Located in the lower level of the Bhagirathi residence, entry is restricted to campers of the Gurukulam, from 7 AM to 7 PM. The fitness room is kept locked; please contact the Office for the lock access code.

Shanti Trail: The Gurukulam grounds have a partially paved multi-use (walking, jogging, and biking) trail called the Shanti Trail. The trail can be accessed from a paved path between Bhavani and Godavari residence buildings. Given that this is “bear country”, campers are advised to avoid hiking alone, if possible. Please go in small groups. Please stick to the trail. It

may take some of the adventures out of your hike, but by staying on the trail you'll minimize potential bear encounters.

FedEx: (800) 463-3339 UPS: 1-800-742-5877

Our address to be given for FedEx and UPS: Mailing Address

Arsha Vidya Gurukulam
Gurukulam

Arsha Vidya

651, Route 115

P.O.Box 1059,

Saylorsburg, PA-18353

Saylorsburg, PA-18353

Laundromat: There are two laundromats in nearby Wind Gap.

1. **Wind Gap Laundry and Tanning** Tel: 610-863-9080

147 N Broadway, Wind Gap PA 18091

2. **Soapee Sudz Laundry** Tel: 610- 863- 4669 (Wind Gap)

501 E Moorestown Rd, Wind Gap PA 18091

Medical Emergency Please call 911

- **Lehigh Valley Hospital Pocono**, Tel: 570-421- 4000

206 E Brown St, East Stroudsburg, PA 18301

- **St.Luke's Hospital Monroe Campus**, Tel: 272-212-1000/1-866STLUKES

100 St, Lukes' Lane, Stroudsburg, PA 18360

- **Wind Gap Medical Center** and St. Luke's Laboratory Service

487 E Moorestown Rd, #108 Wind Gap, PA 18091 Tel: 484-526-4250

Walk-in Medical Center: 484-526-7977

- **Wind Gap Family Eye Care**, Tel: 610-863-5665

- 336 S Broadway, Wind Gap, PA-18091

Health Services

- **Pocono Eye Associates** 1650, Route 209 Brodheadsville, PA18322

Tel:570-801-6577 or 570-497-5071

- **Dentist: Lehigh Valley Cosmetic Dentistry** Tel: 610-365-8300

25 S Broad Street, Suite 106 Nazareth PA18064

www.lvdentistry.com/ Dr.Sudeep Kaur/Emai:llvcd29@gmail.com

- **CVS Pharmacy:** Tel: 610-863-5341

855 S Broadway, Wind Gap, PA 18091

- **CVS 24 hours Pharmacy:** Tel: 570-424-0830

250, South Courtland St. East Stroudsburg, PA-18301

HEALTH FOOD STORE: Taste of Nature 610- 863- 4616 241 S Broadway, Wind Gap, PA-18091

Transportation Services

Bus Station: Martz Bus Transportation Stroudsburg and Transbridge Lines in Easton offer daily bus service to Newark, New York City, and Philadelphia.

For more information, please contact

Easton (PA) Tel: 610-258-4400, Stroudsburg PA (DWG) 570-421-3040

Closest Airport – ABE –Lehigh Valley-PA, Tel: 610- 266 – 6000

Post office: 284 Anchorage Rd, Saylorsburg, PA 18353

Tel: 570 – 992 – 6575 Hours: 8:00 am – 5:00 pm

Nearby Hindu Temples Contact Information:

- Sringeri Sadhana Center: Tel: 570-629-7881

327, Cays Rd, Stroudsburg, PA 18360 – USA

- Vraj Bhoomi: Tel: 717-754-7067

51 Manor Road|Schuylkill Haven, PA 17972

Thank you for your cooperation