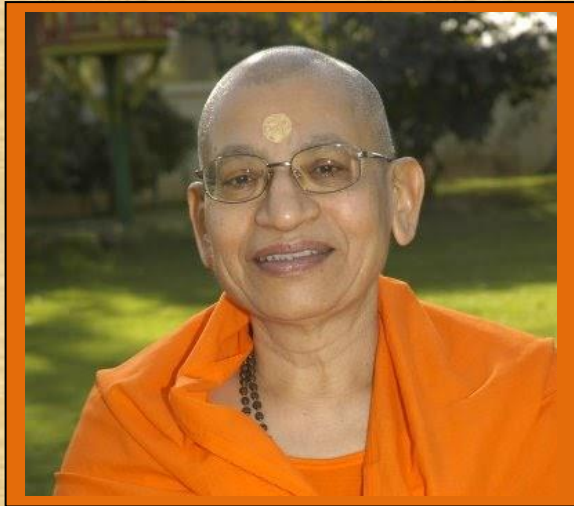
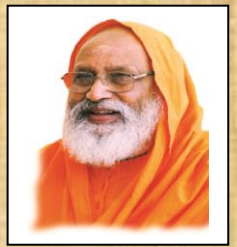




# ARSHA VIDYA ONTARIO

OFFERS A SERIES OF LECTURES BASED ON VEDANTA PHILOSOPHY BY

**H.H.SRI SWAMI VIDITATMANANDA SARASWATI**



Puja Swami Veditatmananda Saraswati is internationally acclaimed as a great exponent of Vedanta and Upanishads, who has been passionately teaching Vedanta for more than 35 years. As a senior disciple of late Puja Swami Dayanandji, he expounds Vedanta with a simplicity and directness that makes it easy to assimilate. Having lived and worked in the U.S.A. prior to becoming a renunciate, he is familiar with lifestyles in India as well as the West. With his insights into both cultures, he can reach out to both Indians and Westerners with equal ease.

## ONE DAY RETREAT

**Saturday, 13May2023**

**7:30 am to 1:00 pm**

## **Topic: Work as Worship**

**Registration fee for retreat is \$50.00**

***Light breakfast and vegetarian lunch will be served***

**Venue: Bayview Hill Community Centre, Program Room A-B, 114 Spadina Rd, Richmond Hill, ON L4B 2Y9**

### **SCHEDULE**

|   |                      |
|---|----------------------|
| Registration:                                   | 7:30 AM to 8:00 AM   |
| <b><u>(Doors will be closed at 8:00 AM)</u></b> |                      |
| Meditation:                                     | 8:00 AM to 9:00 AM   |
| Break :   | 9:00 AM to 9:30 AM   |
| Lecture-1:                                      | 9:30 AM to 11:00 AM  |
| Break:  | 11:00 AM to 11:30 AM |
| Lecture-2:                                      | 11:30 AM to 12:30 PM |
| Q & A:  | 12:30 PM to 1:00 PM  |
| Lunch:  | 1:00 PM              |

**Register and  
Online Payment**



**Please Contact: Nimmi Papneja (905)271-3585, Neelam Jairath (647) 204-4326, Mahendra Shah (905) 773-2689  
Rajesh Patel (416) 846-5282**